



THE COUNTLESS WONDERS HIDDEN IN YOUR BACKYARD



explore more!

MY WONDERFUL GARDEN

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Executive producer: **Sabine Holzer**

1 x 50 min., 4K, 5.1



If there is one reliable source of joy, this is it: colourful flowers floating above lush green tangles of grass, the buzzing of insect hotels, the song of birds in the bushes, the croaking of frogs and ducks in the pond. Proud garden owners who own a patch of nature like this can consider themselves lucky.

Owning a garden is a deeply rewarding experience that brings joy, peace, and a profound sense of connection to nature. Whether it's a small balcony setup or a sprawling backyard, a garden offers a personal sanctuary where one can nurture life and watch it flourish. The joy it brings, stems not only from its beauty, but also from the daily rituals and quiet reflections that accompany its care.

One of the greatest pleasures of owning a garden is the opportunity to witness the cycle of life firsthand. From planting tiny seeds to seeing them sprout, grow, and bloom, the process is a continuous source of wonder. It teaches patience and responsibility, as plants require consistent attention, watering, and care. The act of tending to a garden becomes therapeutic, offering a chance to unplug from the digital world and engage in something tangible and meaningful.

A garden is also a sensory delight. The vibrant colours of flowers, the fresh scent of herbs, the soft rustle of leaves in the wind – all these elements come together to create an immersive experience. Walking through one's garden early in the morning or during the golden hours of sunset provides a unique peace that is difficult to find elsewhere. The garden becomes a personal retreat, a place to unwind and recharge.

We set out to explore the most beautiful gardens and track down their diverse inhabitants. If you look closely, you will discover even more: Iridescent Green

lizards showing off their refreshed colours in the sun after their spring moult; Aesculapian snakes climbing up the trees in search of birds' eggs; ladybugs munching on aphids; predatory dragonfly larvae ambushing tadpoles swimming by in the pond.

If you have a garden, you always have guests. It doesn't always have to be an invitation to a barbecue party, even a simple insect hotel made from a few straws and a piece of worm-eaten wood ensures a constant stream of visitors. A well-fed compost heap

attracts hedgehogs from all over the area and provides soothing puffing and smacking noises at night. And if you want to do praying mantises a favour, put a few old coffee mugs over the picket fence: the mantises like to lay their foamy egg packets underneath.

Beyond its beauty and calm, a garden can also provide practical benefits. Growing fruits, vegetables, and herbs allows one to enjoy fresh, organic produce right at home. It fosters a sense of sustainability and respect for the environment. On closer inspection, even the smallest garden turns out to be a fascinating collection of life forms.

This film will provide new insights into the countless wonders that are hidden in every garden – including yours.

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